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| Table S1: Quality assessment of eligible studies using the Newcastle Ottawa quality assessment scale |
| **Authors (y)** | **Selection** | **Comparability** | **Outcome** | **Total****Score** |
| **Representativeness of the exposed cohort** | **Selection****of the****Nonexposed****Cohort** | **Ascertainment****of Exposure** | **Demonstration****that Outcome****of Interest Was****Not Present at****Start of Study** | **Comparability of Cohorts on the****Basis of the Design or Analysis** | **Assessment****of Outcome** | **Was****Follow-Up****Long Enough****for Outcomes****to Occur** | **Adequacy of****Follow-Up of Cohorts** |
| **Age** | **Any Other****Additional****Factor** |
| Lei(2015) | 1 | 1 | 1 | 0 | 1 | 1 | 1 | 1 | 1 | 8 |
| Zheng(2015) | 1 | 1 | 1 | 0 | 0 | 0 | 1 | 1 | 1 | 6 |
| Cha(2016) | 1 | 1 | 1 | 0 | 1 | 1 | 1 | 1 | 1 | 8 |
| Yoshida(2016) | 1 | 1 | 1 | 0 | 1 | 1 | 1 | 1 | 1 | 8 |
| Noh(2017) | 1 | 1 | 1 | 0 | 1 | 0 | 1 | 1 | 1 | 7 |
| Woo(2017) | 1 | 1 | 1 | 0 | 1 | 1 | 1 | 1 | 1 | 8 |
| Li(2018) | 1 | 1 | 1 | 0 | 1 | 1 | 1 | 1 | 1 | 8 |
| Lin(2018) | 1 | 1 | 1 | 0 | 1 | 1 | 1 | 1 | 1 | 8 |
| Lv(2018) | 1 | 1 | 1 | 0 | 1 | 1 | 1 | 1 | 1 | 8 |
| Meleer-florin(2018) | 1 | 1 | 1 | 0 | 1 | 0 | 1 | 1 | 1 | 7 |
| Mitiushkina(2018) | 1 | 1 | 1 | 0 | 1 | 1 | 1 | 1 | 1 | 8 |
| Camidge(2019) | 1 | 1 | 1 | 1 | 0 | 0 | 1 | 1 | 1 | 7 |
| Christopoulos(2019) | 1 | 1 | 1 | 0 | 1 | 1 | 1 | 1 | 1 | 8 |
| Horn(2019) | 1 | 1 | 1 | 1 | 0 | 0 | 1 | 1 | 1 | 7 |
| Lin(2019) | 1 | 1 | 1 | 0 | 1 | 1 | 1 | 1 | 1 | 8 |
| Su(2019) | 1 | 1 | 1 | 0 | 1 | 1 | 1 | 1 | 1 | 8 |
| Yu(2019) | 1 | 1 | 1 | 0 | 0 | 0 | 1 | 1 | 1 | 6 |
| Li(2020) | 1 | 1 | 1 | 0 | 1 | 1 | 1 | 1 | 1 | 8 |
| Qiao(2020) | 1 | 1 | 1 | 0 | 1 | 1 | 1 | 1 | 1 | 8 |
| Tao(2020) | 1 | 1 | 1 | 0 | 0 | 1 | 1 | 1 | 1 | 7 |
| Zheng(2020) | 1 | 1 | 1 | 0 | 0 | 0 | 1 | 1 | 1 | 6 |
| Batra(2021) | 1 | 1 | 1 | 0 | 1 | 1 | 1 | 1 | 1 | 8 |
| Chang(2021) | 1 | 1 | 1 | 0 | 1 | 1 | 1 | 1 | 1 | 8 |
| Christopoulos(2021) | 1 | 1 | 1 | 0 | 1 | 1 | 1 | 1 | 1 | 8 |
| Hou(2021) | 1 | 1 | 1 | 0 | 1 | 1 | 1 | 1 | 1 | 8 |
| Lee(2021) | 1 | 1 | 1 | 0 | 0 | 0 | 1 | 1 | 1 | 6 |
| Li(2021) | 1 | 1 | 1 | 0 | 0 | 0 | 1 | 1 | 1 | 6 |
| Shafie(2021) | 1 | 1 | 1 | 0 | 1 | 1 | 1 | 1 | 1 | 8 |