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| **C:\Users\Erika Amore\Desktop\CLAUDIA\immagini\fish oil.jpg** | **C:\Users\Erika Amore\Desktop\CLAUDIA\immagini\MCM41 adsorbita.jpg** |

**Figure S1**. *AnchoisOil* extracted from anchovy filleting waste (*left*), *Omeg@Silica* comprised of MCM-41 silica loaded with 50% w/w fish oil (*right*).