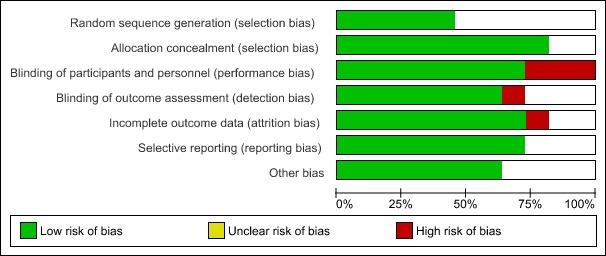
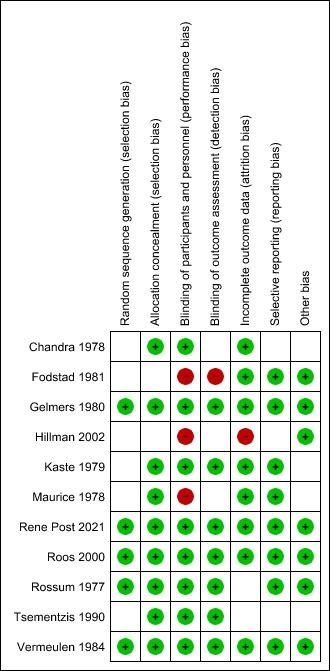
**Summary of risk of bias assessment of the included studies**



*Risk of bias graph: review authors' judgements about each risk of bias item presented as percentages across all included RCTs.*



*Risk of bias summary: review authors' judgements about each risk of bias item for each included RCT*

*Newcastle*-*Ottawa Quality Assessment scoring of the included observational cohort study*

| **Study** | **Selection** | **Comparability** | **Outcome** | **Total score** | **Result** |
| --- | --- | --- | --- | --- | --- |
| Post et al | **\*\*\*\*** | **\*** | **\*\*** | 7 | High-quality Study |